



The Dual Diagnosis Group is for clients at all stages of the change process. Resistant clients that deny they have a problem can benefit from this group.

This group is also for clients that admit they have a problem, but are not ready to commit to lifelong sobriety. Clients who are ready to make changes in their lives will find the support they need to do well. We strive to meet the client where they are currently at in their motivation to change.

Clients must agree to maintain sobriety for the 12 week program, take random drug screens, and participate in all weekly sessions.

Our Master's level clinician is qualified to handle both mental health issues and alcohol/drug issues that surface while in group. Aftercare options are available for those who may need continued help after completion of the program.

Our goal is to educate and process the client's use of Alcohol/Drugs and get them as far as possible in their recovery. Our team approach allows them access to a psychiatrist and Case management if needed.

Topics Covered

- Mental and Physiological effects of Alcohol and Drugs
- Mental illness and its impact on Addiction.
- Analyze the individuals reasons for use and abuse
- Analyze the consequences of use for each individual.
- Provide support for Change & Recovery
- Develop coping skills for each individuals Triggers
- Develop a personalized plan for Recovery including their mental illness.
- Information on Alcohol, Stimulants, Opiates, Inhalants, Marijuana, Hallucinogens, PCP, Ecstasy, and Methamphetamine.
- Assignments to practice and process throughout the 12 weeks



BENEFITS

- Licensed Professional Clinical Counselor facilitates the group
- Treatment for both Mental Health and AOD issues can take place in each and every group.
- Monthly reports sent for those individuals who have legal involvement.
- No waiting time— group members can join at any point in the group

“If you don’t like something, change it. If you can’t change it, change your attitude.”

Maya Angelou

Service Locations

Defiance

419-782-8856 | Fax: 419-784-4506
211 Biede Ave., Defiance, Ohio 43512

Bryan

419-636-2932 | Fax: 419-636-1982
203 N. Lynn St, Bryan, OH 43506

Napoleon

419-592-5981 | Fax: 419-592-4522
407 Independence Dr, Napoleon, OH 43545

Wauseon

419-337-5941 | Fax: 419-337-6439
222 Depot Street, Wauseon, OH 43567

TOLL FREE NUMBER: 800-569-3980

WEB SITE: maumeevalleyguidancecenter.org
EMAIL: mvgc@defnet.com



Maumee Valley Guidance Center is a Behavioral Healthcare Center serving residents of Defiance, Fulton, Henry and Williams Counties for over 50 years. We are here to meet the diverse behavioral health needs of individuals and families in our community.

The professionals at Maumee Valley Guidance Center work as a team to bring clients the following services:

- Medication Management

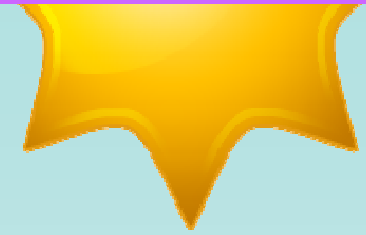
- Psychiatrists that specialize in Adults and Children
 - Registered Nurses

- Individual, Couples and Family Counseling

- All of our therapists are Master's Level Clinicians

- Community Psychiatric Support Treatment

- Our Qualified Mental Health Specialists work with clients to assist them within the community.



Enhancing the Quality of Life For Those We Serve



Dual Diagnosis Group

