### **Service Locations**

Defiance
211 Biede Ave. Defiance OH 43512
419-782-8856
Fax 419-784-4506

MWF 8 am – 5 pm; TTh 8 am – 8 pm

Bryan
910 E. Maple St. Bryan OH 43506
419-636-2932
Fax 419-636-1982
MThF 8 am – 5 pm; TW 8 am – 8 pm

Napoleon 1325 Woodlawn Ave. Napoleon OH 43545 419-592-5981 Fax 419-592-4522 Weekdays 8 am – 5 pm

Wauseon
1190 N. Shoop Ave. Wauseon OH 43567
419-337-5941
Fax 419-337-6439
Weekdays 8 am – 5 pm

Toll-Free Number 800-569-3980 Email: mvgc@mvgcohio.org

A contract agency of:



### Who We Are:

We are a Behavioral Healthcare Center serving residents in Defiance, Fulton, Henry & Williams Counties for over 65 years.

Our services are designed to help our clients cope & manage life's various difficulties.

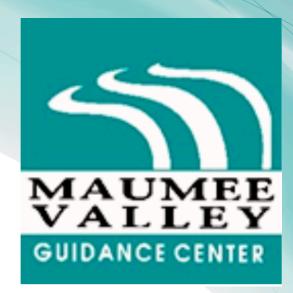
We are here to meet the diverse needs of individuals in our community, and we strive to meet those needs by delivering services professionally, positively, and ethically. Our trained staff works together as a team to ensure the best client care.

### **Clinical Staff:**

Psychiatrist/Certified Nurse Practitioners Psychiatric Nurses Master's Level Clinicians/Counselors/ Therapists/Social Workers Licensed Chemical Dependency Counselors Case Managers

# **Fees and Payments:**

We accept all insurance including Medicare and Medicaid, please make sure to bring your insurance card to each visit. If you do not have insurance, we may be able to work with you to reduce your fees. Please speak to our staff about the necessary paperwork and the information you will need to get assistance.



Enhancing the quality of life for those we serve.

# Project DAWN

### What is an opioid?

Opioids are a group of drugs that includes prescription pain medications, such a morphine, methadone, codeine, hydrocodone, hydromorphone, oxycodone, and buprenorphine. Vicodin®, Lortab®, Percocet®, OxyContin®, Dilaudid®, and Demerol® are common brand names of opioids. Heroin is also an opioid. Fentanyl is an opioid prescription medications that is often manufactured illegally and mixed with heroin or other street drugs, such as cocaine and methamphetamine.

## Who is at risk of opioid overdose?

Anyone who uses high doses of opioid pain medication or uses opioids recreationally is at risk of overdose.

### Other risk factors include:

- Using opioids in combination with other drugs such as antidepressants, benzodiazepines (Xanax® or Valium®) or alcohol. Like opioids, these drugs affect your ability to breathe.
- Using street drugs such as methamphetamine and cocaine; these drugs can be contaminated with fentanyl.
- Certain health conditions such as asthma. liver or kidney disease, heart disease, or **HIV/AIDS**
- Reduced tolerance caused by not having used opioids recently - for example, after release from jail or inpatient treatment.
- Having overdosed in the past.

www.odh.ohio.gov/projectdawn

# What is Project DAWN? **Deaths Avoided With Naloxone**

Project DAWN is a community-based drug overdose education and naloxone (also known as Narcan) distribution program. Naloxone is a medication that can be used to guickly reverse an overdose caused by an opioid drug.

### **Project DAWN educates people how to:**

- Recognize the signs and symptoms of a drug overdose
- Call emergency medical services,
- Perform rescue breathing
- Administer naloxone nasally

# Be prepared. Save a life.

Project DAWN is named in memory of Leslie Dawn Cooper, who struggled with substance use for years before dying of a witnessed opioid overdose on October 3, 2009.



800-569-3980



mvgc@mvgcohio.org



maumeevalleyguidancecenter.org

### **Responding to a Suspected Overdose**

If a person is exhibiting signs of an opioid overdose, these following life-saving steps should be taken immediately:

# Check to see if they can respond

## • Shake them or call • Give the address and their name.

# Rub your knuckles hard in the middle of their chest

#### Give rescue breaths

- Place the person on their back, head tilted back and chin up.
- Make sure there is nothing in their mouth and pinch their nose closed.
- Breath two slow breaths into their lungs, making sure the chest rises.

### **Call 911**

- location.
- If you don't want to mention drugs, say, "Someone has stopped breathing and is unresponsive."
- Ohio has a Good Samaritan law to legally protect those who respond to an overdose.

### Give naloxone

- Follow the instructions for the type you have.
- If the person does not respond in two to five minutes, give another dose.



# **Department of** Health

**Project DAWN** 





