

## Service Locations

### Defiance

211 Biede Ave. Defiance OH 43512

☎ 419-782-8856

Fax 419-784-4506

MWF 8 am – 5 pm; TTh 8 am – 8 pm

### Bryan

910 E. Maple St. Bryan OH 43506

☎ 419-636-2932

Fax 419-636-1982

MThF 8 am – 5 pm; TW 8 am – 8 pm

### Napoleon

1325 Woodlawn Ave. Napoleon OH 43545

☎ 419-592-5981

Fax 419-592-4522

Weekdays 8 am – 5 pm

### Wauseon

1190 N. Shoop Ave. Wauseon OH 43567

☎ 419-337-5941

Fax 419-337-6439

Weekdays 8 am – 5 pm

Toll-Free Number 800-569-3980

Email: [mvgc@mvgcoho.org](mailto:mvgc@mvgcoho.org)

A contract agency of:



## Who We Are:

We are a Behavioral Healthcare Center serving residents in Defiance, Fulton, Henry & Williams Counties for over 65 years.

Our services are designed to help our clients cope & manage life's various difficulties.

We are here to meet the diverse needs of individuals in our community, and we strive to meet those needs by delivering services professionally, positively, and ethically. Our trained staff works together as a team to ensure the best client care.

## Clinical Staff:

Psychiatrist/Certified Nurse Practitioners  
Psychiatric Nurses  
Master's Level Clinicians/Counselors/  
Therapists/Social Workers  
Licensed Chemical Dependency  
Counselors  
Case Managers

## Fees and Payments:

We accept all insurance including Medicare and Medicaid, please make sure to bring your insurance card to each visit. If you do not have insurance, we may be able to work with you to reduce your fees. Please speak to our staff about the necessary paperwork and the information you will need to get assistance.



*Enhancing the quality of  
life for those we serve.*

# Substance Use Program

**Substance Use Program:** This integrated group can treat the entire person and help the client start on their journey in Recovery. The program has 6 components that all work together with treatment providers.

These components include:

- 1. Four hours of group weekly (Substance Use Group & Seeking Safety- men or women)
- 2. Individual therapy using EMDR
- 3. Case Management
- 4. Medication Management- including MAT with in-house pharmacist on treatment team
- 5. Drug Testing
- 6. Pro Social Activities

**1. Weekly Group Sessions**

- **Substance Use Group:** 12-week group based on the Matrix Curriculum that will deal with all aspects of recovery and wellness. This group teaches the 8 dimensions of wellness and assist clients in assessing and developing those dimensions in their lives. Internal and External triggers are explored, self-care, the chemistry of addiction, and recovery topics are some of the areas studied. Clients leave this group with a solid plan for recovery that has been initiated. The group meets once per week for 2 hours and both men and women will attend this group.
- **Seeking Safety Group:** Men and women are separated for this group as each group is tailored to meet the specific needs of each. Seeking Safety is an evidence-based, present-focused counseling model to help clients attain safety from trauma and/or substance abuse. This group is 14 sessions and meets once per week for 2 hours. The master’s level counselor that facilitates this group is also a Certified Clinical Trauma Professional trained in EMDR.

**2. Individual Therapy**

Client attend individual sessions with a Masters level clinician trained in EMDR to

- Eliminate negative core belief from their lifetime
- Extinguish triggers for use
- Resolve trauma
- Discover the underlying reasons for substance use and processing those reasons
- Establish a recovery plan focusing on the 8 dimensions of Wellness

**3. Case Management**

Clients can also have a case manager that can serve as an additional support person and help link them with community support for any needs (housing, food, transportation, etc.) that clients may have.

**4. Medication Management - including MAT**

An integral part of the treatment team will be our Medication Management Department. Clients can see our psychiatric providers for medications at any point in treatment. Since our therapists are licensed for both mental health and substance use disorders, clients can be assessed by their treatment providers at each meeting to see if medications could be beneficial in their recovery. Clients who do MAT treatment here will use our in-house pharmacy to get their medications. This allows for better treatment coordination as the pharmacist is in our building and part of the treatment team.

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**5. Drug testing**

Drug testing is completed throughout the program for treatment and accountability purposes. The drug testing program is based on the ASAM adopted Appropriate Use of Drug Testing in Clinical Addiction Medicine guide. All clients are expected to remain sober throughout the program. If a client struggles to maintain sobriety, a higher level of care may be recommended. Drug testing should be used as a tool for supporting recovery rather than exacting punishment. Using drug testing as a therapeutic tool means addressing test results as a part of therapy. Drug testing should be used to explore denial, motivation, and actual substance use behaviors in treatment.

**6. Pro Social Activities**

Attendance at pro social activities is required throughout the program. These activities are essential to build a new recovery lifestyle. Clients are supported as they add these new sober activities into their lives.

**Referral Communication-** The Court, Probation Department, JFS, or other referral sources will receive Treatment Activity Reports throughout treatment to be informed of progress and compliance. These reports will disclose to the referral source attendance at groups, individuals, any positive screens, and progress. If clients are not being compliant with treatment, the referral source will be notified. Partnering with our referral sources helps the client maintain sobriety. Referral sources are encouraged to contact us with concerns or questions at any time during treatment and our treatment providers will do the same.

